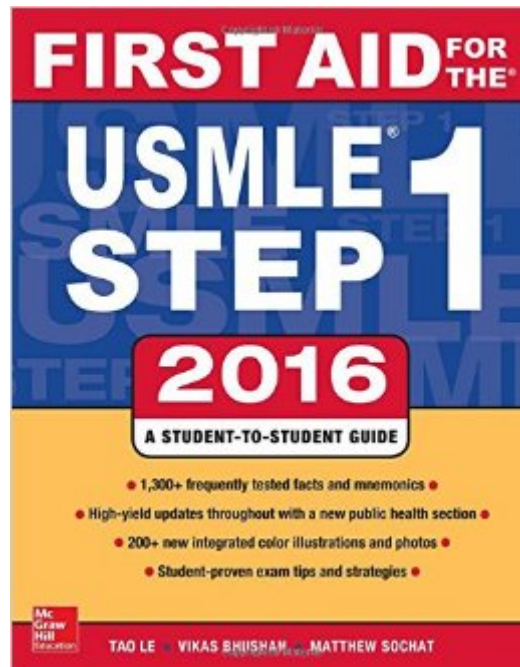


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# First Aid For The Usmle Step 1, 2016



## Synopsis

THE "BIBLE" • FOR USMLE STEP 1 PREP • AND THE ULTIMATE TOOL FOR ORGANIZING YOUR STUDY! This annually updated review delivers a comprehensive collection of high-yield facts and mnemonics that pinpoint exactly what students need to know to pass the exam. Co-authored by medical students who recently took the boards, it provides a complete framework to help students prepare for the most stressful exam of their careers. 1,250+ must-know topics provide a complete framework for your Step 1 preparation. Test-taking advice with focus on high-efficiency studying. Updated in all subject areas based on feedback from thousands of students. Extensive faculty review process with nationally known USMLE instructors. 1,000+ color photos and diagrams help you visualize high-yield concepts. Expanded guide to top-rated study resources, including mobile apps. Free real-time updates and corrections at [www.firstaidteam.com](http://www.firstaidteam.com). Trust 25+ years of experience for the most effective USMLE Step 1 preparation possible.

## Book Information

Paperback: 784 pages

Publisher: McGraw-Hill Education / Medical (January 1, 2016)

Language: English

ISBN-10: 1259587371

ISBN-13: 978-1259587375

Product Dimensions: 8.4 x 1.3 x 10.8 inches

Shipping Weight: 3.4 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars • See all reviews • (243 customer reviews)

Best Sellers Rank: #510 in Books (See Top 100 in Books) #1 in Books > Textbooks > Medicine & Health Sciences > Test Preparation & Review #1 in Books > Education & Teaching > Higher & Continuing Education > Test Preparation > Professional > Medical #14 in Books > Medical Books > Medicine

## Customer Reviews

Coming from 2014 version. I have written TONS of notes in my 2014 version and thought I'd never let it leave my grip. I preordered the 2016 version back in september, and got it in the mail a few days before it even showed "in stock" on . This is a big upgrade, let me tell you. I used 14 paper version for all my notes over the two years of medical school, while I had 14' and 15' pdf versions up on one of my monitors all the time (I use 3 monitors to study.) My comparisons is to 14' and 15'. Overall build quality - they took a step to make the cover and binding of higher material. This is

noticeable mostly in the binding. I have used my 14' for a billion hours and had no problems with the binding, but I can tell the 16' version has a stronger binding. The front and back cover also seem to be of better quality. However, I will say even after thousands of flips my 14' pages feel better than the brand new pages in 16' - my one complaint. Information - there are quite a bit of new info in 16' vs even 15'. Quite a bit of new info from 14' to 16'. There are about 50 new items all together from 15' to 16'. Also, a lot of information was clarified to make it easier to understand. Some things were cut down on info to streamline what you need to know. Pictures - this is the BIG deal with 16'. SO many updated pictures. The pictures and diagrams are REALLY good. They are all color coded to help the learning process, and make it really easy to remember certain things. If you are a fan of sketchy medicine (formerly, sketchy medical) you will really be happy with the colorful/easy to remember new diagrams. I do suggest you get 16' from 15' or 14'. I will be reading everything in the untouched 16' and then reading my personal notes in my 14' that I have added over time. I will be using all the pictures in 16'. One more con - I hate the new MEN syndrome annotations in 16'. The one in 14' sucks too, but the MEN diagrams in 15' are money imo. I say look at 15' for the MEN syndrome pictures. I find they helped me a ton. 16' is just nonsense and 14' is even much better. (14' and 15' diagram is about the same, but 15' added color to it to make it easier on the eyes and to remember.) 16' is just trash for MEN IMHO.

UPDATE: I'm thrilled - The Kindle formatting has been fixed and is now a perfect replica of the print version!\* I recommend buying the Kindle version for EASY SEARCHING, even if you use a printed copy for your studies. You can also use the Kindle version to sync your annotations and highlights between devices, so you'll always have FA with you. If you're having a hard time finding the Kindle version on , search for B019IX6GB6 (the ASIN associated with the Kindle version).\* Or, well, almost perfect: I found a display issue on Page 265, where the figure in the Cardiovascular Anatomy image is missing the heart. There might be other glitches like this, but I bet they'll get fixed.

\*\*\*THIS IS A PUBLIC SERVICE ANNOUNCEMENT. THE FULL POST WITH LINKS CAN BE FOUND ON OUR BLOG [FIRSTAIDTEAM.COM](http://FIRSTAIDTEAM.COM)\*\*\*First Aid for the USMLE Step 1 2016 is finally here! The new edition is a labor of love representing thousands of hours of coordinated effort over the past nine months by dozens of student authors and editors, faculty experts, illustrators, and editorial staff. Some of the more notable highlights include:- 50+ entirely new facts, including a new section on quality improvement principles and safety science (p. 44).- Hundreds of major (and thousands of minor) fact updates culled from more than 100,000 comments and suggestions by

experienced medical students and board review experts.- 250 new or revised full-color photos to help visualize various disorders, descriptive findings, and basic science concepts. Labeling, colors, and arrows have been optimized to enhance learning and retention.- Dozens of new and revised line diagrams that integrate pathophysiology, therapeutics, and diseases into memorable frameworks for annotation and personalization. We are sharing some example redlined pages embedded below and on our blog [Firstaidteam.com](http://www.firstaidteam.com) so you can better appreciate the nature and extent of revisions throughout the text. Here is a direct link to the post:<http://www.firstaidteam.com/8828/whats-new-in-first-aid-for-the-usmle-step-1-2016>- Thicker, embossed cover and heavy-duty binding for increased durability and longevity. We hope you enjoy this book as much as we enjoyed putting it together. Verified errata (when available) can be found exclusively on our blog [Firstaidteam.com](http://www.firstaidteam.com). First Aid for the USMLE Step 1 is a perpetual work in progress, and we invite you to share your thoughts and ideas on our blog to help us continually improve the book for future learners. Best wishes for your studies, The First Aid Team [FirstAidTeam.com](http://www.FirstAidTeam.com)\*\*\*We have verified a missing heart image on p. 265 of the Kindle version. This does not affect the print book. and the publisher has been notified. Thanks for your patience.\*\*\*

First Aid doesn't really need a review anymore concerning content, as it is pretty much unrivaled. I had the 2015 edition, so I'm just comparing material quality. The cover on the 2016 version is a lot nicer, a friend told me that's how her 2013 First Aid cover was; guess they went back to it, and it's great. I noticed a problem though with the ink in the 2016 book, it smudges real easily. I didn't have this problem with the 2015 book. If you rest your hand on a page for more than half a minute, the ink is smudged all over that area. Hope this review helps them improve the coming batches for other people. Good luck to everyone on their boards!

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